

Adult Sports & Active Recreation

4-MAN ADULT FLAG FOOTBALL

The Fall 2009 Season of 4-Man Adult Flag football in the Morgan Hill Adult Flag Football League starts September 9th. The fee is per team for 10 games, jamboree and championship series. Games are played on Wednesday nights from 6:30pm to 9:30pm at the Outdoor Sports Center. High school, College along with Competitive, Weekend Warrior, Couch Potato and CO-ED Divisions are offered. Rosters are limited to 10 players. Games are played on a 64x25 yard field, last 45 minutes and utilize the ZFootball National Rules Set. It is the FASTEST Game on Grass!! Get 6-8 friends and join up today!

Location: Outdoor Sports Center, Football Field

Resident Team Fee: \$400

Non-Resident Team Fee: \$450

(60% residency is required to receive resident rate)

To register call (408) 778-3900 or go online at www.usaflagfootball.net.

ADULT SOFTBALL LEAGUE

A softball league for adults (18/older) is offered on Tuesday nights (Novice) and Thursday nights (Intermediate). Game times are 6:30; 7:45; 9:00pm. Registration is by team only. Individual players are welcome to fill out a free agent form, but are not guaranteed to be placed on a team. Only 6 teams per league. For more information call 408-782-2128 x806 or e-mail abel.gutierrez@mhcr.com

Location: Community Park, Softball Field A

Schedules available online at www.quickcores.com/morganhill

Resident \$550 / CRC Member \$500

Non-Resident \$600 / CRC Member \$550

(60% residency or membership is required to receive member and resident rate)

CO-ED VOLLEYBALL LEAGUE

A co-ed volleyball league for adults (18/older) is offered on Monday nights (Intermediate) and Wednesday nights (Novice). Game times are 7:00; 8:00; 9:00pm.

Registration is by team only. Individual players are welcome to fill out a free agent form, but are not guaranteed to be placed on a team. Only 6 teams per league. For more information call 408-782-2128 x806 or e-mail abel.gutierrez@mhcr.com

Location: Centennial Recreation, Gymnasium

Resident \$425/ CRC Member \$375

Non-Resident \$475 / CRC Member \$425

(60% residency or membership is required to receive member and resident rate)

MEN'S TEAM BASKETBALL LEAGUE

A men's full court basketball league (18/older) is offered on Tuesday nights (Intermediate) Registration is by team only. Individual players are welcome to fill out a free agent form, but are not guaranteed to be placed on a team. Only 6 teams per league. For more information call 408-782-2128 x806 or e-mail abel.gutierrez@mhcr.com

Location: Centennial Recreation, Gymnasium

Resident \$550/ CRC Member \$500

Non-Resident \$600 / CRC Member \$550

(60% residency or membership is required to receive member and resident rate)



PARENTS NIGHT OUT

A fun night filled with swimming, dinner, games and crafts. This is a night parents can leave your child knowing they will have a great time while you go out! Your child will be in great hands with the Kids' Zone staff. This is a drop off program.

Instructor: Kids' Zone Staff

Location: Centennial Recreation Center

Activity#	Date	Day	Time	Age	Sessions
4240.305	9/26	SA	5pm-10pm	5-12yrs	1
4240.306	10/24	SA	5pm-10pm	5-12yrs	1
4240.307	11/21	SA	5pm-10pm	5-12yrs	1
4240.308	12/19	SA	5pm-10pm	5-12yrs	1

Resident: \$30 / CRC Member: \$25

Non-Resident: \$40 /CRC Member: \$35

Additional Sibling: \$20

ADULT

TEENS & ADULT BALLET I & II

See page 31 in Teen Section for details.

SALSA AEROBICS

See page 31 in Teen Section for details

TENNIS: PRIVATE LESSONS

These lessons are for individuals and/or small groups (1-4) people, who prefer individual attention and instruction that is not available in a large class setting. Please call (408) 782-2128 to get more information.

Instructor: Mike Myers

Location: Community Park Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
4630.312	9/1-12/1	SU-SA	Anytime	18yrs+	1-8

1/2 Hour Lesson: \$25 / Hour Lesson: \$50

ADULT GOLF

Learn one of the fastest growing sports in America....Golf! During this five week program, golf professional Scott Krause, will teach golf techniques from putting to the full swing. This class fills up fast, register early! Golf clubs will be furnished or you are welcome to bring your own clubs.

Instructor: Scott Krause

Location: Eagle Ridge Golf Course, Gilroy

Activity#	Date	Day	Time	Age	Sessions
5670.301	9/5-10/3	SA	11am-12pm	18yrs+	5
5670.302	10/17-11/14	SA	11am-12pm	18yrs+	5
5670.303	9/13-10/11	SU	11am-12pm	18yrs+	5
5670.304	10/25-11/22	SU	11am-12pm	18yrs+	5

Resident: \$84 / CRC Member: \$79

Non-Resident: \$89 / CRC Member: \$84

LADIES DOUBLES TENNIS LEAGUE

This program focuses on developing skills and refining technique, as well as learning strategy and tactics for competitive play, after which participating in a fun social doubles round robin format each week. Bring a tennis racket and dress appropriately.

Instructor: Mike Myers

Location: Community Park, Tennis Courts (Courts 3, 4, 5, 6)

Activity#	Date	Day	Time	Age	Sessions
5680.301	9/3-10/8	TH	9:30am-11am	18yrs+	6
5680.302	10/22-12/3	TH	9:30am-11am	18yrs+	6

Resident: \$105 / CRC Member: \$100

Non-Resident: \$110 / CRC Member: \$105

TENNIS

ADULT BEGINNER/INTERMEDIATE

This class is for the beginning and intermediate player. Basic fundamentals and skill development will be emphasized. Bring a tennis racket and dress appropriately. Space is limited, so sign up now!

Instructor: Mike Myers

Location: Community Park, Tennis Courts

Activity#	Date	Day	Time	Age	Sessions
5680.303	9/1-10/6	T	9am-10am	18yrs+	6
5680.304	10/20-12/1*	T	9am-10am	18yrs+	6
5680.305	9/2-10/7	W	6pm-7pm	18yrs+	6
5680.306	10/21-12/2*	W	6pm-7pm	18yrs+	6

*No Class 11/24 & 11/25

Resident \$85/ CRC Member \$80

Non-Resident \$90/ CRC Member \$85

MORGAN HILL GET FIT

Open House, 5K and Family Run

October 17

8am-1pm

See page 16 for details.

ANNUAL SOUTH COUNTY GARAGE SALE COMING IN SEPTEMBER



See page 48 for details.

Things To Do

mark your calendars

Tons of fun, activities, and events
for the whole family. See page 4.
Just For Teens - page 32.